

## I pledge to ...

Cost	I am already doing	I will do from now on	I will do within a year	I will do within 3 years
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### Research my options by:

Contacting an energy professional or organisation to help you reduce your energy consumption in your home	No cost				
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### Reduce my gas use for water and space heating by:

Turning my central heating down by a couple of degrees	No cost and saves money!				
Put on an extra jumper instead of turning heating up!					
Turn radiators off in rooms I don't use					
Use heavy curtains to keep heat in					
Make sure my heating is not on when I'm out					
Take quick showers instead of deep baths					
Start monitoring my gas use to see how much I'm saving					
Check my boiler is running efficiently	£65				
Replace my boiler with a very efficient one	£800				
Insulate my loft	£100*				
Insulate external walls if possible, or fill cavity wall	£450–£1,500*				
Insulate the ground floor	£500–£2,500*				
Invest in solar thermal energy (solar panels to preheat water for heating)	£3,000– £4,500*				
Install under floor heating (it works with warm water not hot water, therefore saving lots of energy. Runs off normal boiler; works well with solar thermal)	£2,500 to install				

### Reduce my electricity use by:

Always turning off unnecessary lighting	No cost and saves money!				
Always turning plugs and electrical items and technology off					
Start monitoring my electricity use to see how much I'm saving					
Switch to a green energy supplier that invests in renewables (wind/solar/tidal/ biomass)	an extra £10 per quarter				
Replace all my lights bulbs with energy efficient versions	approx £60				
When buying new appliances, buy 'A' rated					
Get intelligent energy saving plugs for 'white goods'. Try Centre for Alternative Energy online shop <a href="http://www2.cat.org.uk/shopping">www2.cat.org.uk/shopping</a> )	£25–75				
Install photovoltaic (solar) panels or tiles – depending on situation but could supply all electricity needs for low energy light bulbs and more	£5,000–£10,000				

### Save water by:

Installing a water meter (free from my water company) and start monitoring how much water I can save by simple measures see <a href="http://www.southernwater.co.uk">www.southernwater.co.uk</a>	No cost and saves money!				
Get a water butt for watering my garden	£25				
When buying new, buy low water use shower heads, washing machines and dual flush toilets					
Invest in a rainwater harvesting system for toilets and washing machine	£5,500				
Invest in greywater system for watering the garden	0–£200				

### Use natural materials by:

Use non-toxic, local and even recycled materials for insulation, plastering, decorating, floorboards etc. where possible. (To reduce the likelihood of 'sick building syndrome' which affects well-sealed, well-insulated buildings and to promote local green industries of which there are many in Brighton and South East England)	Costs of green materials: about twice the norm				
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\*See council grants page in brochure for possible grant funding

**FILL IN A FEEDBACK FORM (OVERLEAF) AT A HOUSE YOU VISIT AND YOU COULD WIN A PRIZE!**

# Feedback



Please let us know what you thought:

Comments:

Did you learn something from visiting this property?	<input type="checkbox"/> Yes <input type="checkbox"/> Maybe <input type="checkbox"/> No	
Did you feel features were adequately explained?	<input type="checkbox"/> Yes, very well <input type="checkbox"/> Quite well <input type="checkbox"/> Not enough <input type="checkbox"/> No	
What sorts of elements did your visit include?	<input type="checkbox"/> Discussion with the home owner <input type="checkbox"/> Discussion with an energy professional <input type="checkbox"/> Access to leaflets with information and advice you could pick up and read <input type="checkbox"/> Nothing, I just walked round	
What did you think of the Eco Open Houses brochure and website?	<input type="checkbox"/> Excellent <input type="checkbox"/> Good <input type="checkbox"/> Average <input type="checkbox"/> Poor <input type="checkbox"/> Very poor	
Has the visit influenced you to do anything around reducing your energy consumption?	<input type="checkbox"/> Yes (Please use pledge overleaf to indicate intended actions) <input type="checkbox"/> No (Please tell us why)	
If yes, do you feel you have been provided with all the appropriate information to you require to take action? If no, what do you still require?		
Has the visit improved your understanding on the impact your home has on climate change?	<input type="checkbox"/> Yes <input type="checkbox"/> Maybe <input type="checkbox"/> No	
Are you pleased you came?	<input type="checkbox"/> Yes <input type="checkbox"/> Not sure <input type="checkbox"/> No	
What motivated you to attend?		
How could the experience be improved in the future?		
Where did you hear about Eco Open Houses	<input type="checkbox"/> Brochure <input type="checkbox"/> Email <input type="checkbox"/> Press <input type="checkbox"/> Advert <input type="checkbox"/> Word of mouth <input type="checkbox"/> Energy Saving Trust advice centre/helpline <input type="checkbox"/> Other ... please say how	

Please fill in your contact details if you are entering for a prize or would like more information by email

Name:	House visited:
Telephone number:	Email address:
Address:	Post code:

Would you like to receive emails from:

- Brighton Permaculture Trust (monthly): details of courses, events, other activities
- Low Carbon Trust (monthly): training courses, events, other activities
- Sustainability Team, Brighton and Hove City Council (weekly): local events, jobs, funding

Eco Open Houses is collecting feedback to help us ensure future events are a success. We share feedback with the Energy Saving Trust, which is evaluating exemplar home events like this. Please tick the box if you prefer not to be contacted by Energy Saving Trust to discuss your feedback in more detail

We would be grateful if you would complete the following so that we can ensure we make this event as accessible as possible in future:

- Age:  under 20  21-30  31-40  41-50  51-60  61-70  over 70
- Gender:  Male  Female  Transgender
- Are you:  Student  Unemployed  Employed part-time  Employed full-time  Other
- Are you:  tenant with council, housing association, private landlord  house owner  Other
- Mobility:  use a wheelchair  have other mobility issues
- Ethnic background: White:  British  Irish  Other  
 Black or Black British:  Caribbean  African  Other  
 Mixed:  White and black Caribbean  White and black African  White and Asian  
 Asian:  Indian  Pakistani  Bangladeshi  Other  
 Chinese and other ethnic groups:  Chinese  Other
- Sexuality:  heterosexual/straight  gay or lesbian  bisexual  other  prefer not to say

**FILL IN A PLEDGE FORM (OVERLEAF) AND PUT IN FEEDBACK BOX – YOU COULD WIN A PRIZE!**

Please place in feedback box at an eco house, or post to: Earthship Brighton, Stanmer Park, Brighton, BN1 9PZ